

Organic Produce, Organic Poultry, Wild / Sustainable Seafood,
No Seed / Vegetable Oil, Non GMO, Because it Matters

GOOD MORNING

ALMOND BUTTER TOAST MAPLE, BANANA, CINNAMON
13 sub g/f bread **4**

AVOCADO TOAST CASHEW CREAM, RADISH, PARSLEY, SUMAC
14 sub g/f bread **4**

CURRY EGG TOAST EGG SALAD, CUCUMBER, GARLIC AIOLI, SUNFLOWER SEEDS, PALEO BREAD
17 g/f

KABOCHA SQUASH FRITTATA KABOCHA SQUASH, COCONUT MILK, EGG, KALE, CASHEW CREAM, BASIL, SALT, PEPPER
17 g/f add hot sauce **1.5**

TOFU WALNUT TACOS KABOCHA SQUASH, KALE, WALNUT, TOMATO, ONION, AVOCADO, CURRY, CILANTRO, HOT SAUCE, CASSAVA TORTILLAS
17 g/f, v

PIER PANINI EGG, FONTINA, AVOCADO, TOMATO, GARLIC AIOLI, MIXED GREENS
17 sub g/f bread **4** add hot sauce **1.5**

BOWLS & SALADS

QUINOA BOWL CASHEW CREAM, PESTO, KALE, RADISH, FERMENTED VEGGIES, AVOCADO
16.5 g/f, v + 6 minute egg **2.5**

NINE24 BOWL WHITE SWEET POTATO, CAULIFLOWER, MIXED GREENS, AVOCADO, SEED PESTO, DUKKAH, 6 MINUTE EGG
18 g/f add hot sauce **1.5**

SALMON BOWL BLACK RICE, CUCUMBER, ARUGULA, FERMENTED VEGGIES, CHICKPEA CILANTRO MISO
25 g/f

LENTIL BOWL CHICKPEA, LENTILS, CUMIN, CARROT TURMERIC PUREE, AVOCADO, MIXED GREENS, SEEDS *modifications unavailable*
18 g/f, v

FALL HARVEST SALAD BABY GREENS, KABOCHA SQUASH, PEAR, CURRANTS, BASIL, BRAZIL NUT PARMESAN, SHERRY ORANGE VINAIGRETTE
16 g/f, v + feta **3**

KALE CHICKEN CAESAR SALAD 8 MINUTE EGG, PARMESAN GARLIC DRESSING, CROUTONS
16

PANINIS & MORE

CASSAVA TACOS CAULIFLOWER, MOLE, PICKLED RED ONION, CILANTRO, HOT SAUCE
18 g/f sub chicken mole **3**

PALEO CHICKEN PANINI CHICKEN SALAD, PESTO AIOLI, ARUGULA SALAD, PALEO BREAD, MIXED GREENS
18 g/f add hot sauce **1.5**

CHICKEN AVOCADO PANINI FONTINA, TOMATO, AVOCADO, SPINACH, GARLIC AIOLI, MIXED GREENS
17 sub g/f bread **4** add hot sauce **1.5**

TUNA PANINI FONTINA, ONION CONFIT, ARUGULA, PESTO AIOLI, MIXED GREENS
17 sub g/f bread **4** add hot sauce **1.5**

VEGGIE PANINI PORTOBELLO MUSHROOM, EGGPLANT, CARMALIZED ONION, PESTO, CARROT TURMERIC PUREE, MIXED GREENS
17 v sub g/f bread **4** add hot sauce **1.5**

CHICKEN CAESAR WRAP KALE, 6 MINUTE EGG, PARMESAN GARLIC DRESSING
17 g/f add hot sauce **1.5**

VEGGIE WRAP SPINACH, CUCUMBER, RADISH, TOMATO, BASIL, PICKLED RED ONION, CASHEW CREAM, PESTO
16 g/f

BONE BROTH & SOUP

BONE BROTH GRASS FED BEEF
9

GREEN BONE BROTH SPINACH, KALE, PARSLEY, CILANTRO, COCONUT OIL
12 + matcha, lemon & ginger **3**

SIDES & ADD ONS

CHICKEN **5.75**

ROASTED SALMON **12**

EGG **2.5**

SPICY AIOLI **2**

FERMENTED HOT SAUCE **1.5**